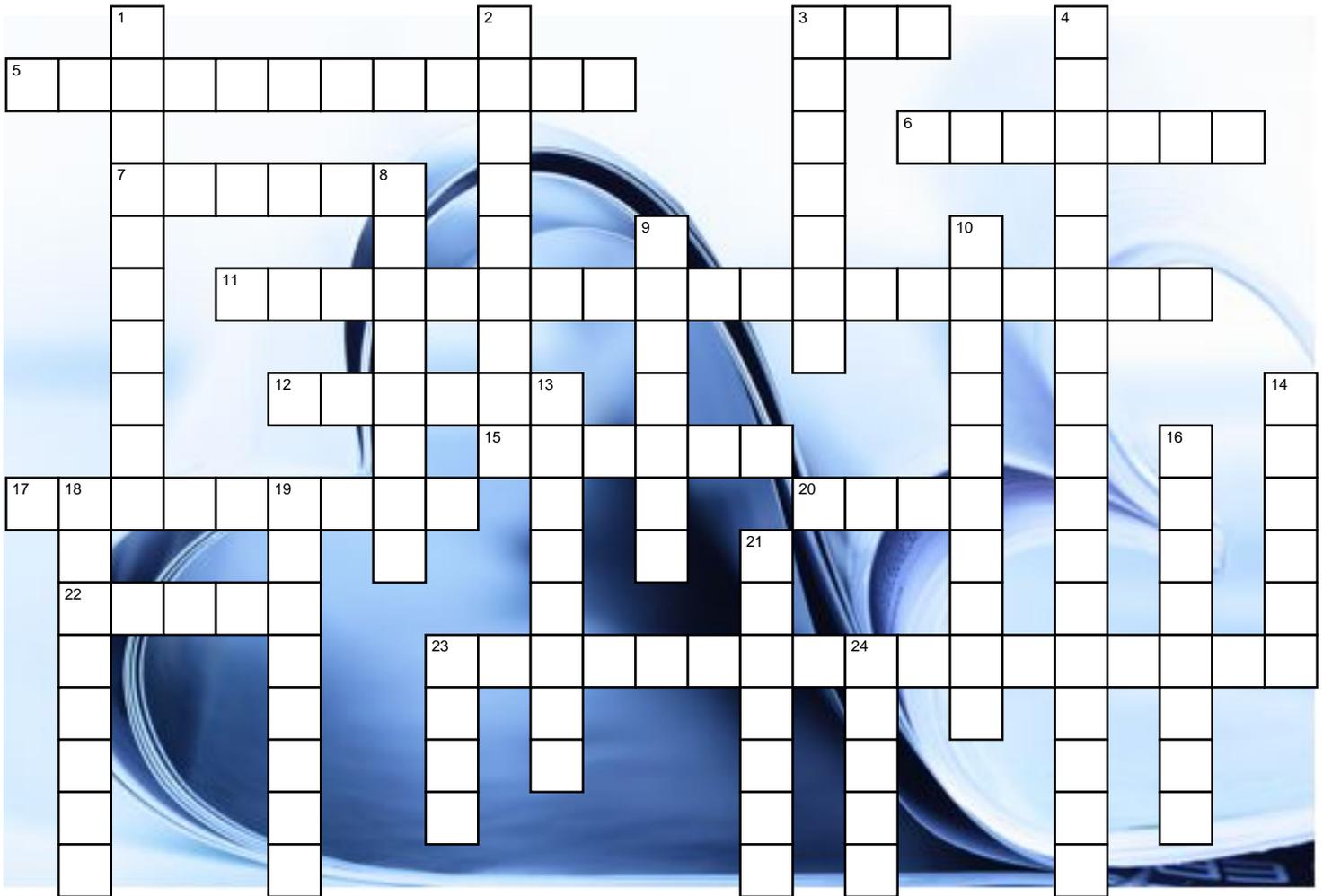


# The Language of EFT Crossword #2

Created by Robin Williams Blake  
Certified EFT Therapist and Supervisor



## Across

3. British establishment where Sue Johnson first noticed relationship dynamics.
5. Stage one of EFT is called: Cycle \_\_\_\_\_.
6. In EFT, \_\_\_\_\_ is seen as the prime player in the drama of relationship distress and in changing that distress.
7. Goal of step three in EFT. \_\_\_\_\_ the unacknowledged emotions underlying the interactional positions.
11. The EFT intervention that uses questions and prompts to deepen emotional experience. (two words)
12. American psychologist best known for his maternal-separation, dependency needs, and social isolation experiments on rhesus monkeys.
15. John Bowlby died in nineteen hundred and \_\_\_\_\_.

## Down

1. Bowlby's trilogy. 'Attachment, \_\_\_\_\_ and Loss'.
2. A procedure devised to observe relationships between caregiver and child in the 1970s. 'The Strange \_\_\_\_\_'.
3. The EFT therapist is a \_\_\_\_\_ consultant.
4. Intercepting the shot. (three words)
8. When EFT is successfully implemented, each partner becomes a source of \_\_\_\_\_, protection and contact comfort for the other.
9. EFT is integrative; it looks within and \_\_\_\_\_.
10. What the 'E' in A.R.E. stands for.
13. Criticize - defend; demand - \_\_\_\_\_.
14. What the 'I' in RISSSC stands for.
16. In 1951, Bowlby made a movie called, "A two year old goes to \_\_\_\_\_."

## Across

17. This American/Canadian developmental psychologist who assisted Bowlby and is known for her work in early emotional attachment.
20. Emovere, the Latin word for emotion, means to \_\_\_\_\_.
22. Quote from HMT. "Nothing brings people together like a common \_\_\_\_\_."
23. Conversation five in 'Hold ME Tight' is called. (two words).

## Down

18. Goal of step two in EFT. \_\_\_\_\_ the negative interactional cycle where issues are expressed.
19. Known as the cuddle hormone.
21. In 1944, Bowlby published his first paper on family therapy called, 'Forty-four Juvenile \_\_\_\_\_'.
23. It is the most intrapsychically focused step in EFT.
24. "All of us, from the cradle to the \_\_\_\_\_, are happiest when life is organised as a series of excursions, long or short, from the secure base provided by our attachment figures". (Bowlby 1988)