

The Language of EFT Crossword #3

Created by Robin Williams Blake
Certified EFT Therapist and Supervisor



Across

1. "Many of the most intense of all human _____ arise during the formation, the maintenance, the disruption and the renewal of affectional bonds." - Bowlby 1979
7. Conversation #2 in Hold Me Tight
9. Step 6: Promote _____ of the other partner's experience.
12. Level two training in EFT (three words)
13. In steps 5 and 6, the EFT therapist helps partners to deepen, distill and _____ (the three Ds), to increase awareness of, engagement with, and ownership of attachment vulnerabilities, hurts and fears.
14. EFT intervention where a therapist makes inferences that promote a more intense emotional experience in a partner. (two words)
15. Sue Johnson's new book coming out December 2013.
16. Term for a pursuer who becomes exhausted, frustrated and shut down. (two words)

Down

2. According to research, what percentage of couples show significant improvement after EFT
3. What the 'R' in RISSC stands for.
4. A critical event when one partner feels deeply hurt by the other and decides not to trust again. (two words)
5. Stage two in EFT: Changing _____ Positions.
6. What the 'A' in A.R.E. stands for.
7. At the end of step _____, couples see their cycle, realize they have co-created it and stand together to stop it.
8. Withdrawers often feel _____, when in negative cycle of interaction with their partners. (core emotional experience)
10. In Stage One, a therapist starts by tracking and _____ the couple's present interactions and response patterns.

Down

11. Pursuers often feel _____, when in negative cycle of interaction with their partners, .
(core emotional experience)