

The Language of EFT Word Search #1

Created by Robin Williams Blake
Certified EFT Therapist and Supervisor

I N A D E Q U A T E F E A R O F F A I L U R E C R
E Y B B E Z C T D T A T T A C H M E N T Z T R X P
K D Q D V D I A L O G U E S I R F K Z R F H G R V
L I V F V I T F Z R X A V A X N B I A L C R V L W
U S P O S I T I V E A L L I A N C E L T D E A C S
Q C W K C Y U N H W A O E H D F V G O A S E L X J
M L O I B S O E X B C N A I R D U F N R U J I J N
M O H N P U R S U E W I T H D R A W E I E O D H R
E S U U J E F J E M O T I O N S Q F U C J H A W K
K E S I V E G M B U L L E T Y T S K N E O N T M N
X F G O S E C S L O V E S E N S E I L E H B I Y A
W Q X T D S W T W F N G W T J B P V O F N O O N H
A C O Z X A M N U A L I Q W B F M Y V T S W N H E
E P I H F Q U K B R V E J C O P Q W A D O L B Q B
S V O I C B A F P X E J H E X E I M B P N B D I M
T D R E P E A T Z M I F R K F V L V L T K Y R Z X
Z B L A M E R S O F T H E N I N G W E E D U A A R

1. EFT's important theory.
2. Affirming intervention in EFT.
3. These can be secondary or primary.
4. Catching the_____.
5. Number of steps in EFT.
6. Creator of Emotionally Focused Therapy.
7. EFT therapists create this with both partners.
8. The three 'Ds' - Deepen, distill, _____.
9. EFT's home base.
10. Two common underlying emotions for withdrawers.
11. Most common negative cycle.
12. What the 'R' in RISSSC stands for.
13. Finding the Raw _____.
14. Father of Attachment Theory.
15. An important change event in stage 2 of EFT.
16. Number of stages in EFT.
17. Demon _____.
18. Intervention in EFT - Empathic _____.
19. Two common underlying emotions that pursuers often feel.

20. Sue's most recent book